**Thesis Proposal**

**Name:**

**Lab/Institute:**

**PhD Start Date:**

1. Working title (without abbreviations)
2. Summary (200 words)
3. Biological Significance (200 words)
4. Proposed PhD work (1500 words not including references)
	1. Background
	2. Working plan
		1. Aims and description
		2. Contingency plan
		3. Milestones / Expected outcomes
		4. Timeline
5. References

*This proposal should not exceed the word limits indicated and has to be uploaded on STREP latest one week before your TAC meeting.*

**PhD Development Plan**

*A pre-requisite for an effective planning is a well-defined timeline, where experiments, goals and milestones are realistically planned. The timeline should be evaluated and revised by the student and supervisor regularly.*

**How to set a SMART goal (from** [myIDP](https://myidp.sciencecareers.org/)**)**

S – Specific – Is it focused and unambiguous?

M – Measureable – Could someone determine whether or not you achieved this goal?

A – Action-oriented – Did you specify the action you will take?

R – Realistic – Considering difficulty and timeframe, is this goal attainable?

T – Time-bound – Did you specify a deadline?

**Research Project:**

1. What is your overall goal and what objectives do you set for the next year to work towards your goal?
2. Which research skills and techniques do you need to learn to reach this goal?
3. Which training activities are you planning in the next year to acquire these skills and techniques? *For example: courses, workshops, conferences, student supervision.*
4. Do you have a Data Management Plan in agreement with your supervisor? *Find more information* [*here*](https://biocenterat-my.sharepoint.com/%3Aw%3A/g/personal/chiara_ceriotti_vbc_ac_at/EeXey64aR8hBruiEmcj3qNYBtxSZlzCZbEjjTaD9F47J8g?e=kRvMG0&wdLOR=c147CA91F-DA5C-BC4C-9BD6-93922AA19B03)*.*
5. Do you plan to apply for fellowships or funding in the next year?