

Melissa Davies – Solution-focused coach

Imagine an approach to professional and personal development as a path winding its way towards the top of a mountain not always clearly visible.

Imagine someone helps you identify your goal and map your route.

Imagine that rather than being focused on difficulties and weariness, you concentrate on your objective and the best way to get there.

The coaching I offer is based on an approach developed by Steve de Shazer et Insoo Kim Berg (Solution-focused brief coaching/Dr P Szabò), which is:

- Characterized by its focus on the desired outcome, looking ahead and finding ways to get there,
- Aimed at looking for solutions rather than solving problems,
- Anchored in the belief that within each individual lies the potential to get where he or she wants,
- Built on your past experiences to lay stepping stones to help you reach your goal,
- Efficient, requiring few sessions (usually 4 to 6), with rapid results,
- Concrete, with an experimental phase involving small changes in daily life,
- Particularly adapted to professional environments familiar with setting objectives,
- Flexible: sessions via Zoom are possible.

I can help you find your way, but only you can walk it

Melissa Davies – profile and competences

Melissa Davies graduated from the London School of Economics before returning back to Geneva to hold several management and team leader positions in business, non profits and science (research institutes).

She is a professional negotiator with over 30 years experience in negotiating agreements and training in negotiation skills and conflict management. Her customers include international organisations, national and multinational companies, scientific research institutes, universities and non-profit organisations. Her book “The practical negotiation handbook A Five Step Approach to Lasting Partnerships” was published end 2021 and has been translated in several languages.

A certified Solution Focussed coach, Melissa helps people and organisations face their challenges, and to get to where they want to be. She has solid analytical, relational and communication skills, and a great motivation to accompany people and companies in their professional and personal development. She has a wide experience working in science and academia. She also runs workshops on Self-leadership skills around Europe.

Contact

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